



iknowaguyfoodsllc.com

Visit our Deli at
280 Spielman Highway
Burlington, CT
860.404.5286

GRINDERS

Steak and Cheese **\$14.00**
shaved angus steak, pepper jack cheese, steak sauce, grilled onions & peppers

OTHER

Quesadilla **\$10.00**
add chicken or steak — \$3.00
served with salsa and sour cream

Hot Dog **\$5.00**
grilled beef hot dog served on a toasted bun

* Thoroughly cooking Meat, Poultry, Seafood, Shellfish & Eggs reduces the risk of foodborne illness. We make every attempt to identify ingredients that may cause allergic reactions for those with allergies. However, there is always a risk of contamination as in our kitchen we use such products such as milk, eggs, dairy, gluten, shellfish, lobster, etc., although we have a strict cross contamination policies, we cannot guarantee the absence of these products.

PANINIS

Served on toasted Italian bread

Grilled Chicken **\$12.00**
grilled chicken, cheddar, lettuce, tomato, mayo

BBQ Chicken **\$12.00**
grilled chicken, BBQ sauce, grilled onions

Buffalo Chicken **\$12.00**
grilled chicken, buffalo sauce, blue cheese crumbles

Caprese **\$12.00**
mozzarella, fresh basil, tomatoes, balsamic glaze

BLT **\$12.00**
bacon, lettuce, tomatoes

SIDES (ON ROTATION)

BEVERAGES

Soda — \$2.00
Water — \$2.00
Gatorade — \$3.00

please notify staff of any food allergies before ordering
prices subject to change - all prices include tax

CHOPPED SALADS

Cobb Salad **\$12.00**
grilled chicken, blue cheese crumbles, bacon, hardboiled egg, lettuce, tomatoes, cucumbers

Harvest Salad **\$12.00**
grilled chicken, dried cranberries, candied walnuts, blue cheese crumbles, apples, lettuce, tomatoes, cucumbers

Buffalo Chicken Salad **\$12.00**
grilled chicken tosses in buffalo sauce, blue cheese crumbles, lettuce, tomatoes, cucumbers, tortilla strips

Grilled Chicken Salad **\$12.00**
grilled chicken, cheddar cheese, lettuce, tomatoes, cucumbers

Grilled Chicken Caesar Salad **\$12.00**
grilled chicken, Reggiano cheese, lettuce, croutons

Green Salad **\$10.00**
romaine lettuce, tomatoes, cucumbers, onions

SPECIALS



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